

# Independent Toileting 2024/2025 Parent Agreement CARES

The self-reliance of a potty-trained child is a prerequisite for the CARES program. Fully "Potty trained" is defined as independence on the child's part with the awareness to:

- Notify an adult when needing to use the bathroom without reminders.
- Dress/redress without assistance (shoes excluded if necessary).
- Understanding the process of wiping themselves properly to maintain clean hygiene

Our CARES staff does not have the allotted time, support staff, or supplies needed to potty train students. I believe this is why it is important to set the students, and families up for success. In a program as large as ours, the safety of all children with a proper ratio in supervision- is the ultimate priority. We cannot ask staff to spend extended time in the potties which are outside our CARES rooms, with a child that consistently has accidents or needs assistance in the bathrooms.

The children will be using normal bathrooms with the door slightly ajar, and we are unable to assist with any type of dressing/undressing, wiping and clean up. If an accident occurs at CARES with the child unable to clean up and redress themselves, we will call a parent/guardian immediately to have the student picked up. ***Please note, all urine & feces accidents will be recorded, and a certain number by a certain date, will result in your child being dismissed from the CARES program due to them not being considered fully potty trained.***

- Please practice with your child pulling pants and underwear completely up & down while sitting at the toilet.
- Please practice with the importance of notifying you (or any adult they're in the care of) when they need to go vs. only going when asked. **\*\*This goes hand in hand with explaining to your child the ability to "hold it". For example, at school the teacher can not take children past 2:50pm to the bathroom, as they are lining up for dismissal and their aide brings our CARES children over. Once at CARES, the students are taken directly to the bathrooms.**
- Explaining hygiene practices with your child is imperative. Teaching your child the correct way to wipe (front to back) to prevent spreading germs, flushing the toilet, and thoroughly washing hands with soap and water when they are finished.

If understanding of the above prerequisites are agreed upon , please sign below and return to Nativity of Our Lord attention CARES with your registration form. It is also strongly encouraged to provide the CARES program with a back up pair of underwear, socks and clothes to be stored in the CARES closet.

I agree to the above potty-trained agreement and I understand my child

\_\_\_\_\_ will be fully potty-trained at the  
(print child's first and last name)

beginning of the 2024 - 2025 school year, or will have to be dismissed from the CARES program.

Parent's Signature: \_\_\_\_\_ Date \_\_\_\_\_